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**The Extent of Knowledge
in Iraqi Women
To Furnish Bedroom**

**مدى معرفة المرأة العراقية
لتأثيث غرفة النوم**

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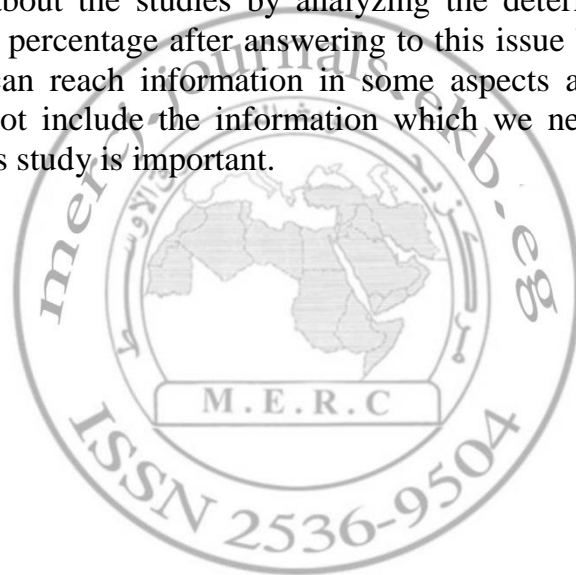
الملخص:

١- المنزل هو الشغل الشاغل لكل إنسان؛ لأنه المكان الذي يجد فيه راحته ويعبر عن ذوقه ويعكس شخصيته، لاسيما غرفة النوم فهي الملاذ الآمن الذي يلبي حاجة الفرد للنوم والراحة والعزلة في آن واحد، ومن خلال ملاحظة الباحثة لكثير من تدريسيات جامعة بغداد أنهن يقعن في أخطاء مختلفة عند تأثيث غرفة النوم بسبب معلوماتهن الخاطئة أو الجهل بأساليب.

٢- التخطيط السليم لشراء الأثاث أو تنسيقه في فراغات غرفة النوم، ولكي تصل الباحثة إلى هدف البحث كان لابد من إجراء اختبار لمعلومات التدريسيات من خلال ورقة استبانة تتضمن عدة أسئلة لمعرفة معلومات عينة البحث والتي اختيرت بصورة عشوائية ومن خلال تحليل ورقة الاستبانة والتكرارات والنسبة المئوية بعد الإجابة عليها من قبل عينة البحث، تم التوصل إلى أن عينة البحث لديها معلومات في بعض الجوانب وتكاد تفتقر للمعلومة الصحيحة في البعض الآخر، لذا جاءت أهمية القيام بهذه الدراسة.

**Abstract:**

Home is the main concern for every human being as it is the place to rest, express his fillings, and reflect his personality. Especially bedroom is the security location that brings the needs of individual to sleep, comfort, and isolation at the same time. In the review of the most researches in the University of Baghdad, Iraqi women make many different mistakes in furnishing their bedroom, because of their misunderstanding or ignorance about perfect plan to buy appropriate furniture to fill bedroom spaces. In order to achieve the researcher to the research's goal, she may collect some information about the studies by analyzing the determination sheet, repeating and percentage after answering to this issue by the research sample; we can reach information in some aspects and some other aspect may not include the information which we need, so that the process of this study is important.



Key words: Iraqi women, bedroom, furnishing.

Chapter one:

Difficulty and Importance of the Research:

During the starting of designing a family house, the basic initials of as know is the secure of required space function, and give a beauty appearance to the place. But there is another hidden issue that the studies and researches don't focus on necessarily, which is the knowledge of the person who is planning to do this furnish about the elements and measures that should be taken into consideration in the needs of this case, and the type of furniture that used and whether it gives in (the beauty and functional side), the floor and walls of the place and the brightness types and their locations and accessories, and the colors that is suitable to the Bedroom, especially it is the place that most correlated to the family that shows the personality of its owner (ching, 1979,p:32).

The internal decoration is maximizing the comfort for occupant of the place by theoretical knowledge and the needs of its owner, and knowing about the colors and the mechanism of human being body movement that is one of the most important case in process of designing. And we can see that the ones who study of internal designing and researchers clearly focus on the foundation of engineering design, the technic of its implementation, beauty of the place and its colors, they count the cost of raw materials and the quality of achievement (AL Saadi and gaafar,2001:p153).

But the study of extent of women knowledge to furnish her bedroom and prepare it on the base of designing and its elements and careful about its beauty and functionally in this issue doesn't have attention adequately. It needs to be more earned. And really number of should be given the design of bedroom by the decoration magazines or the windows of display of the furniture stores that is a good thing, so you must care about your personal needs and your life system of mornings and afternoons in designing your rooms, by means what we say (intelligent inspiration) which we innovate our design to be appropriate with our daily lives Here can find the importance of this study, to detect the range of Iraqis women to furnish bedrooms.



The research objectives:

The research objectives are:

- 1- Detect the extent of Iraqi women knowledge to furnish bedroom.
- 2- Recognize the right places to bedrooms in Iraqi houses.
- 3- In form the correct spaces between the furniture.
- 4- Care about the windows place in bedroom of Iraqi houses.

Research Limits:

- 1- The research includes the existing of studies in university of Baghdad, College of Media, engineering and sciences year (2018-2019).
- 2- The research restricted in (spaces of the rooms, lights, colors, windows, lines to go through and arrangement of the furniture.

Definitions of terms:

Firstly: Furniture:

- 1- (Garges) defines it as goods of house when we do a furnish in any internal space (living room, bedroom, kitchen or office room) we make a convenient choice to suitable space of furniture, that gives us functional, expressive and beauty purpose.(Garges,1998:p10)
- 2- Home furniture: mattress and devices of furniture, prepared to residence (www.almaany.com).
- 3- Furniture: furniture by the words different shapes we can see in home instruments. (www.almaany.com).

Practical definition:

The college degree that achieved by the sample, through its responses to the paragraphs of the scale, that is made by the researcher to the research's objectives (Garges, 1998,p:11).

Secondly- Bedroom:

Is the place that away from the noise and continues movement in home, that enough opening for ventilation and lighting must be available in the room to be in modular units. (Al-Hosni,1985, p26).

Chapter Two

Introduction:

Bedroom is the warm hug where you emigrate to it after long day tiredness and we stay in at quite night in order to face tomorrow actively, optimistically and challenge. So we should design this intimate room in so that it reflects our personality and to stay in comfort mood that we rest in the end of every day. (www.albawaba.com).

Suitable scenery gives your special bedroom more space, Therefore the selection of specific decor elements deceive your vision when you look at a small bedroom, which makes you fill that the place is bigger than its real size, especially when the decors reverse the light that coming from the window and the roof of the bedrooms is lower. The mirrors and the work art on the wall and roof make sense of the place wider and also the choice of the painting colors to the bedroom or the horizontal lines on carpet to make the room bigger (Dhahir, 1983:p92)

Spaces in Bedroom:

These rooms selected based on the persons that used it, and based on the furniture, mattresses and personal purposes that needs to be in, when the furniture and mattresses are divided in the room we must care about the windows place, that the ordering and arrangement of the pieces must be away from the window and the standing of it, and the way of its opening and closing and numbers of it. it is better these rooms must be near the bathroom so as to go easily. But if the area of the house is wide it is better that every room may have its special bathroom (or at least every two rooms) may have a bath, especially the main rooms that called Master room (Dhahir, 1983:p95).



These rooms must have entry from a direct path or a way from the inside, without going through the other spaces as living room; it should not be near the main entrance of the house, The bedroom must take a considerable importance in the house, because it is the place where we spend our great time to rest, comfort or sleep, so that comfortable furniture must brought to it, and its place must be quiet in the house (according to available possibility) (Khanfar, 1997: p79) .

Bed Room:

The noisy life of human being today makes a comfort sleep very necessary of our living needs; especially life situation makes man to sleep at a specific time. So there must be best time to a comfort sleep that may not be neglected, and there must be healthy bedroom that away from noisy situation, and provide convince as much as possible and the bedroom according to the number of the persons that stay in it based on the furniture and mattresses and their personal needs. During the division of furniture and mattresses to this space the place of the window should be considered that depends on the arrangement of these pieces. They should be away from the window and its standings from the floor and the direction of its opening and closing and its number. But when there is more than a door in the room might be closer to the room's door and in the wider bedroom it can have corners or special places to read and write, or to computer and other things. All of these elements need special furniture and number of equipment. (Al-Khairi, 2008:p98)

The floor of the bedroom covered by isolating materials as carpets or mattresses, That absorbing a large proportion of sound and noise. An also the curtains have its role in absorbing the sound. The concord of furniture, different covers curtains and carpet with each other, make the bedroom atmosphere comfort, relax that leads to repose. But the pieces of basic and secondary furniture in the bedroom, comes in the lower and upper measurement in centimeters:

- 1- **Closet:** it should be in different width, specified by the number according to the place, the design and its width from (150-250) cm to one person, its height (200-240) cm, and if its two floors

the higher floor may be used to save and store the things and different clothes. The depth of clothes store usually from (55-65) cm. and there should be a complete store to wardrobe that is used to save the women bag, shoes and some small pieces.

- 2- **The Bed:** its length is constant (190-200) cm to couple beds and (90-100) cm to single bed.
- 3- **The Closet at Bed:** this have different shapes stated next to the bed to place small thins, light, books and magazines and often it is insert, stroke or spaces that is generally suitable by its shape and color to the bedroom (Benicka, 1980, p.199).
- 4- **Dressing Table:** this table is in various shapes and designs its width (120-160) cm that is covered by decorative mirrors with different shapes which its depth not less than (40) cm and it should have a space at the middle of table to sit in front of the mirror by an upholstered chair that its appearance generally suitable to the room and other things dressing table (Benicka, 1980, p.199).

The latest decorations of Bedrooms wallpaper:

The decoration of bedroom wallpaper is in new bridal, from the decorations that is back again after its disappearance in wall decoration work instead people used normal paints, it may be because of different shapes and modern of new house wallpapers or producing the new three dimensional wallpapers that represent a great leap in the science of wallpaper decoration.

One of good characteristics in wallpaper decoration it is easily used and its various shapes and colors and also the fit prices of wallpaper with economy conditions especially for the young people that want to marry, but there is some advices to choose the house wallpaper especially the bed rooms wallpaper that must be suitable with the colors of other things in the room and the furniture and decoration, also the color must be arranged with the floor of the bedroom. (Dhahir, 1983: p96) .



It is better to use the wallpaper that can be easily cleaning, especially in places easy to dirty as in the children room, kitchen or dining room, also the shape of house wallpaper particularly bedroom wallpaper must be kept. The wallpaper should have small inscriptions because it gives more width than the wallpaper with big inscriptions and the petition that makes the room look like smaller than its real size. Also sure about the easy of wallpaper removal when the person decides to change the house wallpaper to a new wallpaper, the wallpaper must not use in the rooms and places where the sunlight come in directly or the places have high humidity so as not to spoil the wallpaper (www.almrsl.com).

Curtain of the Bedrooms:

It is the part of the bedroom decoration that cannot be divided, that is indispensable in any modern bedroom, the curtains of bedroom makes the room bigger and interesting as the curtains have the direct effect on the fillings of the couples inside the bedroom, so that you must take a lot of attention in selecting most beautiful modern curtains of bedroom that is suitable to you and also to the colors of your room, so as to complete the special decoration of the bedroom in order to become perfect room (Benicka, 1980, p.202).

The curtains of the bedroom are so important not just in adding and complete the decoration of the bedrooms but the curtains also helps to control the amount of light which the bedroom reaches, that also it gives specialty and disappearance of the unwanted things to see by strange people. In addition to that bedrooms beautiful curtains can be a piece of art that you like to show in your bedroom (www.universe-magic.com).

And today there are a number of bedroom curtains as folding curtains, curtain layers and curtains of gentlemen etcetera, these the types of curtains that exists in market, that makes the selection of curtain so much confusing, to make decision about the curtains that you want, you can think about the atmosphere of your bedroom, are you want a romantic bedroom or want more specialty or what makes you to be more relax in your bedroom. The selection according to the general

atmosphere of the bedrooms helps you to choose suitable curtains for your bedroom easily, do not forget about the measuring of the wall that covered by the curtain so as not to the curtains be shorter or longer than its limits, that the more the curtain measurement suitable with the bedroom wall the more attractive they are. (khunfar, 1997:p81).

The selection of Colors in Bedroom:

The most important decoration which should be taken care of in the bedrooms of modern houses is the colors of bedroom, and the importance of colors in bedroom is because of the wide space that it takes in the room and its effect on eye. Due to the nature of the bedrooms and their specialties, the colors of the room is also characterized by privacy that it is better to select romantic colors especially when the bedroom is new for the couples that are recently married (Hassan B T, P43).

It is better to use light colors to the bedroom so as to give the room a wider space, because bedroom often full of furniture pieces that takes a large area of the bedroom space, for this reason the selection of bedroom light color is suitable with the pieces of the decorations and furniture, as it is possible to select two colors that is near to each other to the painting of the bedroom walls as a selection of bedroom colors.

The bedroom walls could be wallpaper as an alternative of the use of painting. Wallpaper characterized by its different shapes, colors, and designs that are suitable with the bedroom and makes the colors of bedroom more brilliant and beautiful. (www.universe-magic.com).

Important advices to choose the type of the Furniture wood in bedroom:

Most people believes that bedroom is of the most important rooms in a house which offers comfort, so we must pay attention to it, by which furniture include, that the bedroom furniture should made of wood, so we prefer the factors of selecting wood to the bedroom properly to enjoy in the beautiful and luxury bedroom.



Important factors of selecting Wood Bedroom:

- 1- Select the measurements before buying suitable furniture, do not take the measurement from the seller lest it have no larger or smaller size.
- 2- Viewing the bedroom wood in a low light place because the high light shows the wood color lightly.
- 3- Choose between bedroom wood of oak and beech, that they are of the expensive woods which expensive house furniture. Also the American bedroom wood which the most bedrooms are made from it because it has a beautiful and good appearance.
- 4- Considering the simple design of bedrooms in order to closed to the practical life.
- 5- Care about choosing of fit bedroom, that has no cracks, no contractions and no rot.

How can you recognize a good Bedroom wood?

You can recognize the good bedroom wood by:-

- 1- The selection of the wood (can be knock it) to know the quality of the wood, because if its sound is loud it means that the wood is hollow, and its power of endurance is weak.
- 2- The characteristics of good Bedroom wood are strong and doesn't affected by water or sunlight (Hassan, BT: p46).

The design common mistakes:

The design common mistakes are about the size ratios, color degree, and the shape of the bed that is a big bed in a small room. The bed has double crown, dome or columns in rooms that have low heights like modern houses, the bed that has digging prominent, which prevents the owner from bowing on it easily. Depending on the contrasting colors or with strong degrees prevents relaxation(Hassan, BT: p46).

Forbidden Fabrics:

The use of all fabric kinds in bedroom is not a good idea, because it makes the room looks like a tank of dust, which causes sensitivity or a source of excess heat, the most important are the web fabrics, or those are rough and some industrial fabrics and it is better to select the natural tissue which is soft to skin. (AL-Khairi, 2008:p112)

The Element of similarity:

There is no ideal unified design to the bedroom, that the needs of persons and their preferred things are different, but there should be a similarity among all the rooms based on two elements they are:-

- 1- Expression of individual familiarity and specialty provide assurance and tranquility.
- 2- Insurance of the clearance ingredients and facility to face the dust and microbes to guarantee comfort healthy atmosphere (Benicka, 1980, p120).

Types of lighting in Bedroom:

A Perfect room includes a group of variety lights that can be used all together or separated and the most important is:

- Strong bright and overall light.
- Secondary light to make special atmosphere.
- Focused light for cutting lighting and specific locations.
- A light for the reading corner.
- A Special light for to comfort (Benicka, 1980, p:121).

Basics in the Bedroom:

The basic needs of any Bedroom are:

- Comfortable bed that helps to relax.
- Closet.



- Some drawers.
- Various lights.

Secrets of secure sleep:

Calm and darkness, attention about the lagging of sound and light bedroom, by using double glass of window when the room is overlooking a street, cover the wall by special fabrics, in addition to special curtains for sleep when there is no wood covers (Benicka, 1980, p.122).

Colors and natural materials, the ivory colored and pastel colors inspires calm and relax that is better to those who have insomnia. The natural matters as cotton and book help to absorb perspiration and provide filling comfort and relax (Benicka, 1980, p.122).

Healthy Atmosphere:

Ventilation of room regularly, and sleep with opened window if it is possible, put some flowers in a vase away from green seedlings that isolate carbon oxide, and avoid any heat source in bedroom. The big mirrors widen the space of the room and consider as a positive item, the wide safes can accommodate large variety of very important needs. (www.huluonline.com).

The researcher doesn't find previous scientific study to discover the extent of Iraqi women knowledge to furnish bedroom, with all its elements of light, colors, the spaces among the furniture pieces, the location of windows and the other furniture pieces according to their necessity in bedroom. However, there are specific books and studies which deal with the Iraqi women knowledge to furnish her house but in general form and some aspects, but the researcher doesn't depends on them, because they are just books and have not scientific research procedures.

Chapter Three:

The Research Procedures:

Important Research procedures that follows to select the community also to choose a sample to preparations:

- 1- The Research Community: as the research recognizes the knowledge of Iraqi women to furnish their bedroom, the research community selected from the studies at the University of Baghdad, College of Information, Engineering and Girls science. The amount of the studies that exist are reached to (200) studies of the sample that was selected in randomly.
- 2-The Research Tools: the selection of the research tool is usually according to nature of the research, as in this research that deals with extent of Iraqi women to furnish bedroom. As well as in the test of their health information, the researcher found the best tool is the use of note paper that contains questions about the research objectives, and showing it to a group of experts in this subject to know the validity of these paragraphs and then accepted with some correction.

These paragraphs took from books and special references of house designs and furniture, the number of paragraphs are (15) paragraphs, then after the corrections by the experts (5) of internal designing to evaluate with this research, and it was showed on (200) samples of student at University of Baghdad to evaluate the information of perfect bedrooms to their bedrooms in their house, in order to reach the evaluations of specifications by the researcher.

Names of the experts according their scientific titles:

- 1- Prof. Entessar Kamal Qasim - Department of Education and Psychology.
- 2- Prof. Afraa Ibrahim - Department of Education and Psychology.
- 3- Prof. Bushra Fadhil Saleh - Department of Home economics.
- 4- Prof. Shuhadaa Khuzaal Thayab – Department of home economics.



- 5- Prof. Hala Hassan Mohammed – Department of Home Economics.

Display and discussion the results:

The results that achieved by the researcher during the procedure of the research are according to the limited objectives and its discussions also produced to the research, and advices and suggestion that related to it.

Table no-1- The Routines

sequence	paragraphs	yes	No
1-	Place a seat in the bedroom.	-	200
2-	A space should be available around the bed between (45-60) cm.	104	96
3-	A source for light near the bed for reading and needed situations.	160	40
4-	The Bedroom should not near the Living room.	72	128
5-	Using the colors that reflect the personality of the Room's user and his special interesting.	120	80
6-	A main way to walking from the door to the closet, that its width between (120-180) cm.	120	80
7-	Restricted in a door in order to arrange the furniture.	144	56
8-	The windows could be opposite to each other for better ventilation.	104	96
9-	Leave a space by (50) cm before the dressing table.	80	120
10-	The height of the window from the bedroom's floor is 125 cm for arranging the furniture.	80	120
11-	More drawers make the room 's appearance beautiful and arranges the persons whose stay in.	112	88
12-	Place the bed in front of the door opening directly.	8	192
13-	It is better to hang the photographic and Psychological pictures in Bedrooms.	16	184
14-	The room's floor and the wall are from the matters that reflect sound.	72	128
15-	The lighting might be sufficient whether they are natural or made- up.	112	88

The Table no-1- show Routines that achieved by the identified paragraphs.

Table no (2) percentage rate of Routines

sequence	paragraphs	yes	no
1-	A seat should be existing in The Bedroom.	0	100
2-	A space leaves around the bed between (60-45)cm	48	52
3-	A source for light near the bed for reading and needed situations.	80	20
4-	The Bedroom should not near the Living room.	36	64
5-	Using the colors that reflect the personality of the Room's user and his special interesting.	60	40
6-	A main way to walking from the door to the closet, that its width between (120-180) cm.	60	40
7-	Restricted in a door in order to arrange the furniture.	72	28
8-	The windows could be opposite to each other for better ventilation.	52	48
9-	Leave a space by (50) cm before the dressing table.	40	60
10-	The height of the window from the bedroom's floor is 125 cm for arranging the furniture.	40	60
11-	More drawers make the room 's appearance beautiful and arranges the persons whose stay in.	56	44
12-	Place the bed in front of the door opening directly.	4	96
13-	It is better to hang the photographic and Psychological pictures.	8	92
14-	The room's floor and the wall are from the matters that reflect sound.	36	64
15-	The lighting might be sufficient whether they are natural or made- up.	56	44

The Table no (2) summarizes the percentage rate of sample answers to the questions.

In the two Tables above it authors can note that the answers of sample with yes to the paragraph number (1) that is the existing of a seat in the bedroom, doesn't achieve to any percentage rate in the researches samples, as the answer with no is %100 this means that the research sample doesn't have any information about existing a chair in the



bedroom, and sums the bed to sit and sleep on, that there may be more than one seat according to the size of bedroom. And the paragraph number (2) that a space must be leaved around the bed between (60-45) cm to arrange the room have %48 answer with yes and 96 repeats, and %52 of answers are no to (104) repeats for the research sample that is the rate that might be equal which achieve to yes and no.

And we can note that the paragraph number (3) reached to %80 of answers are yes and %20 are no with (160) of repeats yes and (40) of repeats are no that is a source of light should be near the bed, this answer is correct and reaches to three quarters of answer with yes that shows the information of the research sample to this knowledge. But the paragraph number (4) have %36 of answers yes to (72) repeats and %64 of answers are no to (128) repeats that this shows more than half of this sample, that more than the sample's half have no information about the bedrooms wright location, that the bedroom must be away from the living room in order to be calm and silence to rest after work day.

It could be noted that the paragraph number (5) that is the colors of bed room, and if there are arranged things and specific furniture that used special colors in the room to reflect the users personality. This reaches yes %60 and no %40 to 120 repeats to the yes option and 80 repeats no that more than the samples have information about this issue.

In the paragraph (6) reached the same rate and repeats that was in paragraph(4) that is the main way should be between (120-180) cm from the door to the closet to be moving easily in the room. And the paragraph number (7) that says a door is enough to the bedroom to arrange the bedroom easily, have with yes %72 and %28 are no to (144) repeats with yes and (56) repeats with no of the research's sample, the answer here have a high rate which means the right information of the sample. The paragraph number (8) reached to %52 of answers are yes to (104) repeats and of %48 answers are no to (96) repeats of the sample we attend that more than the half of the sample are answered yes which indicates the research sample have correct information, that the opposite windows have better ventilation than the contiguous windows for the Room.

It is observed that question number (9) which considering to leave a space by (50) cm in front of the dressing table reached %40 yes and %60 no to (80) repeats yes and (120) repeats no, this rate also reached by question number (10) that related to the height of the window in the bedroom should be (125) cm from floor for the easy arrangement of furniture, this shows that more than a half of the sample have information about these two answers of the paragraphs

The question in the clause number (11) that related many drawers that gives a beautiful appearance and the persons are in systematic and arrangement. Reached to %56 of the answers are yes and %44 are no, to (112) repeats yes and (88) repeats are no of the answers in the research sample. And here showed that the answers with yes and no are approximately near, which half of the sample have the information and the other half lacks this information.

And the clause number (12) recorded a few rate of answer with yes and that is %4 and the no answers are %96 to (8) of repeats are yes and (192) repeats are no, this denotes the sample have no information about a suitable place to bed, that it must be at an isolation and special place and away from the room's door, and more of the sample that is not underestimate have not a right information.

Answers %36 are yes and %64 are no with (72) repeats of yes and (128) repeats no, that the answers of more than half of the sample are right answer and less than the half are wrong answers.

And the last line of the identifies which talked about the lights whether they are natural or made up in the bedroom reached to the rate %56 yes to (112) repeats yes and %44 no to (88) repeats no of sample. The majority of the research sample and more than the half have right information about offering natural light that is indispensable in daytime, and the made up light can be used during sleep time and rest.



Chapter Three

First: Conclusions:

Results of the current research are leads to the following conclusions:

- 1- Most of the research samples have information about using a source of light near the bed for reading and other necessary cases.
- 2- Most of the research samples consider that a door is enough for bedroom, to divide the furniture for more space of the room's special atmosphere.
- 3- About half of the research sample gives their answers between yes and no that are convergence about some clauses of the identification.
- 4- A large rate of research sample has no information about having a seat in the bedroom and a large rate also have no information about the position of the bed, which this rate also seen in a personal photographic picture that should be contained in bedroom.

Second- Recommendations:

1. Assuming teaching subjects is important for the furniture spaces in houses and the main lines for passing by and branches inside the atmosphere.
2. Attention about the importance of the right choice to the type of the furniture and the material that is made of, also the statement of choosing it by the housewife, through giving a few information so that she know the suitable type of furniture, fabrics, mattress, wallpapers and the way of using inscriptions and colors inside all the atmospheres in the house.
3. Directing some radio stations to held seminars and workshops, by inviting the experts and scientific specialists in the field of designing to present lectures and all the new things about designing a modern house.

Suggestions:

- 1- Conducting a study to the effects of other designing elements as (The line, Shape, Texture) on the furniture spaces in another house.
- 2- Conducting a special study in the range of those concerned, under the sponsor of the homes for aged people with the kind of the furniture and measures for the aged people.





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- 11-(www.almrsl.com)
- 12-(www.huluonline.com)
- 13-(www.universe-magic.com)

تابع محتويات العدد ٦٨

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